

BRIDGING RESEARCH & PRACTICE

# **ACTIVE AGING**

# new challenges, new opportunities

EGREPA CONFERENCE 19th-21st of May 2021



### From on-site to on-line

The format of the EGREPA 2021 conference has been changed to online (virtual). The University of Münster will host this conference.

# Access to the conference via Indico

**Indico** will be our central platform. Access as following:

- Zoom link for live oral sessions Pre-recorded presentations\*
- Gather\*\* for poster sessions and casual meetings
- Digital book of abstracts
- Free access to all pre-recorded oral presentations from 19th until 27th of May, 2021. Gather is a platform that allows participants to navigate an avatar within a virtual 2D space and interact with others.

# **PROGRAM**

We are so excited to offer an international conference with presenters from 19 countries: Poland, Germany, Netherlands, Belgium, Switzerland, France, Spain, Portugal, Romania, Croatia, United Kingdom, Finland, Czechia, Slovenia, Slovakia, Latvia, Lithuania, Israel, Chile.

## We are pleased to announce the following six symposia 1. Training of cognition and motor performance in very old age and nursing home residents:

- feasibility and effects of tailored approaches. 2. Relationship of physical and cognitive performance in community-dwelling older adults
- and nursing home residents. 3. Life-Space mobility in old age.
- 4. Healthy aging: From the brain to the muscles.

COVID-19 pandemic)

- 5. Adyma: Psycho-social and behavioural impact of an adapted physical activity program for
- seniors living in residential-based communities. 6. Exercise and health of community-dwelling older adults (exercise before and during

## Physical activity and cognitive functioning

We are also very happy about the oral presentations to the following topics

Motor performance and functional fitness

Physical activity in clinical settings

- Movement, activities and lifestyles
- We are looking forward to very interesting posters!

## **Reopening for Late Breaking Abstracts**

Late Breaking Abstract submission opens\*: 12th of April, 2021.

Due to popular demand, the committee has decided to open up the opportunity for 'late breaking'

Late Breaking Abstract submission closes\*: 25<sup>th</sup> of April, 2021.

presentations! Late Breaking Abstracts are for \*poster presentations\* only.

**Keynote Speakers** 

## **Topic:** "Is old age changing? Views on muscle strength, mobility,

**Prof. Dr. Eling De Bruin, ETH Zürich,** Switzerland and Karolinska Institute, Sweden **Topic:** "Design considerations for transforming video games into serious games".

**Prof. Dr. Taina Rantanen,** University of Jyväskylä, Finland

activity and survival".

# **Registration Fees**

#### According to the virtual conference format, we changed the registration fees: The conference is free for EGREPA members! Membership fee is – 40€.

- For students 20€ (Please see more information at membership/egrepa). For non-members the conference fee is – 50€.
- **Key Dates**

#### Registration deadline for the late breaking authors: 7th of May, 2021 Registration deadline for audience: 17th of May, 2021

# REGISTER AT: egrepa2021.org

#### The Conference is organised by: The European Group for Research into Elderly and Physical Activity – EGREPA, The University of Münster,

contact: ellen.bentlage@uni-muenster.de

The University School of Physical Education in Krakow, The European Advisors' Association PLinEU

Registration deadline for already accepted presenting authors: 25th of April, 2021

Scientific Committee Prof. Dr. Yael Netz - Academic College at Wingate, Israel • Prof. Dr. Michael Brach - University of Münster, Germany •

Prof. Dr. Heinz Mechling, Emeritus – German Sport University Cologne, Germany • Dr. Timo Hinrichs – University of Basel, Switzerland • PD Dr. Rafał Stemplewski – University School of Physical Education, Poznan, Poland • Dr. Oron Levin – KU Leuven, Belgium • Prof. Dr. Wiebren Zijlstra – German Sport University Cologne, Germany • Prof. Dr. Soledad Ballesteros – Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain • *Dr. Magdalena Majer, Dr. Anna Bukowska,* Dr. Sylwia Mętel – University School of Physical Education in Krakow, Poland.

University of Münster, Germany - Ms Ellen Bentlage • University School of Physical Education in Krakow - Dr. Joanna Gradek • European Advisors' Association PLinEU – Mrs Sylwia Tałach-Kubas.

Organizing Committee









